



Product Description Copy

Centr Fitness Kits

Product Name: Centr Fitness Kit

Product Name Optimized for Ecomm: Centr by Chris Hemsworth Fitness Kit with 3-month Centr Membership

Introducing Centr's Fitness Kit, the ultimate solution to getting in a full body workout at home, at the gym, or on-the-go. This comprehensive workout kit is designed to provide you with everything you need to get in a good resistance-training session and comes with a convenient travel bag to hit the road.

With this kit, you can strengthen, tone, and elongate your muscles, improving both how you look and feel. The combination of different tools allows you to customize your routine based on your specific needs and preferences.

The kit includes 3 fabric resistance bands, 5 tube bands, 2 ankle straps, 2 D-handles, door anchor, yoga mat, and travel bag - providing a versatile range of options to conduct both push and pull exercises in a small footprint. Whether looking to build muscle or focus on endurance with a HIIT style workout, this kit has what you need.

The Centr Fitness Kit includes a 3 month digital membership (\$59.99 value) to the Centr app where you can train with Chris Hemsworth's team of experts while unlocking the power of your new equipment through customized workout programs. Centr is your go-to source for total well-being with limitless ways to fuel your movement, meals, and mind.

- **All-In-One Kit** Train for your goals with a comprehensive kit designed for building strength and toning your body. It includes; 3 fabric resistance bands, 5 tube resistance bands, 2 handles, 2 ankle straps, a door anchor, straight bar, and travel bag.
- **3 Comfortable Fabric Bands** Target legs, hips, glutes, and upper body with Light, Medium and Heavy Fabric Resistance Bands.
- **5 Resistance Tube Bands** Activate your entire body, both today and when you get stronger, with 5 Resistance Bands at different resistance levels.
- **4 Versatile Attachments** D Handles, Door Anchor, and Ankle Straps attach to the resistance bands to execute push and pull exercises for every muscle group.
- **Multi-Purpose Mat** Works for all training, including high intensity workouts, yoga, pilates, and stretching.
- **Travel Bag for On-The-Go** Keep your Kit gear together in this breathable, drawstring bag. Perfect for storing the Kit and taking it to go.
- **3 Month Centr Digital Membership** Use your equipment with Centr for

personalized coaching from Chris Hemsworth's team of experts. Includes a 3-month digital membership (\$59.99 value).

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- A complete workout kit for your home, the gym, or on-the-go
 - Includes 3 fabric resistance bands, 5 tube bands, 2 ankle straps, 2 D-handles, door anchor, yoga mat, and travel bag
 - Get a full body workout with a comprehensive kit designed to deliver results
 - Add intensity, challenge, and variety - taking your fitness journey to the next level
 - Includes 3-month Centr digital membership (\$59.99 value)
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